



**Practical Philosophical  
Workshop  
description / participation  
regulation  
&  
Agorà among teachers  
description:**

**- THEATER & PHILOSOPHY WORKSHOP**

The theater is proposed as one of the main tools of educational work, thanks to its ability to create interpersonal relationships, and its prerogative to represent everyday life by exposing the conflicts of man.

Theater as an "act" aimed at favoring play, creativity, as an instrument of communication capable of unveiling the role of social conditioning and subjective masks in everyday life.

Theater, therefore, as an expressive and cognitive means of oneself and of others. The theater workshop will start a practical course of knowledge and study of the codes related to acting through the technique of improvisation that from time to time will focus the attention on the word, the body, the gesture.

Finally, the aim of the group is to propose, for the final performance UNANIME, one or more scenes that are representative of the lived experience and at the same time inspired by the theme of this edition of the festival: PHILIA

**NOTE**

The students who will participate in this workshop will have to show up in comfortable clothes and sneakers.

**- CINEMA & PHILOSOPHY WORKSHOP**

The workshop proposes the construction of a dynamic path, in which the students can express ideas that, thanks to the cinematographic language, are represented in a short film; the video, in this way, becomes an effective and involving synthesis of their thoughts and emotions.

In a first phase of the work, the youngsters confront and dialogue on the theme proposed by the festival with the aim of writing a short story; then, as authors, they become actors, directors, filming operators: they learn to know the cinematographic techniques and put

them into practice for the construction of the short film of which they will be the absolute protagonists, in front of and behind the camera.

The main purpose of the workshop is to give representability to emotions, so it will be important to practice thinking through images and learning to "listen" to them.

The work will thus provide the students with the "minimum alphabet" to learn and understand this language, developing a greater awareness of the video as an expressive means.

### **- PHOTOGRAPHY & PHILOSOPHY WORKSHOP**

Vilém Flusser argues that in the history of humanity we can identify two major watershed lines: the first occurs about 4000 years ago, and consists of the invention of linear writing; the second, in the first half of 800, is the invention of photography, which in its original intent is a testimony and a copy of reality.

In the aftermath of the digital revolution, we can say that, in fact, the "posthistory" began, that is the advance of "idolatry" to the detriment of the "testolatria". From the initial process of representing reality and safeguarding memory, photography becomes one of the most effective means of contemporary man to "read" himself and the natural and social environment that surrounds him.

Even if photography is perceived today with more shrewd eyes than in the past, it still seems to certify a "more or less remote present", and this makes it the absolute protagonist in "social networks".

Its strategic centrality and its role of "inter-media" (transversal media among other media) can no longer be reduced to iconographic production alone, given its omnipresence (on-line and paper magazines, private memories albums, food labels). , facebook, instagram, etc.). This is paradoxically its most "fearsome" aspect, since, being so pervaded reality, it is even little perceived.

In our workshop we will immediately work on a sort of "re-literacy" for what is the real language of the photographic image, to reveal its interpretative codes, to regain awareness and to search for personal paths.

#### **NOTE**

For the students who will participate in this workshop it is preferable to have a digital camera with removable memory cards.

### **- POPULAR DANCE & PHILOSOPHY WORKSHOP**

The workshop is proposed as a tool to introduce students to dances of the popular Greek tradition fascinating ritual and cultural expression, linked to ancient origins with influences of Arabs and Turks who have contributed to everything that exists today and resists in Greek culture.

In particular the Greek folk dance called hasapiko from which the Sirtaki derives,

The peculiarity of this dance is its rhythm: a continuous crescendo. The origin of the name, syrta, comes from a traditional folk dance, marked by frequent shuffling between the participants: the slow phase, epidiktos, hopping dance style and the fast one

The dance begins with slow and harmonious movements that turn into real leaps and leaps when the growing rhythm reaches its peak. This joyous rhythm favors the transmission of the values of exaltation of love, of friendship and of celebration to life, expressed by the embrace that unites the dancers

### **- MUSIC & PHILOSOPHY WORKSHOP**

The workshop path of Music does not aim to give technical means to play instruments, it has the arrogance to train musicians in a few days. The aim of the workshop is to rediscover an ancestral and choral exchange approach, to rediscover the ritual aspect of the music that united differences and otherness.

Compose a circle within which a rhythm is born, evolves, grows and vanishes. A circle where the voice and the body are the base on which to build, where the body follows the rhythm, the melody and where the body itself can act as an instrument.

The workshop aims not only to create sound individuality, but a chorus of bodies. Any object can produce sound and any sound can become rhythm or melody. From concrete music, to instrumental to electronic, the circle can produce infinite rays, such as interpretive sound possibilities.

### **- MEDITATION & PHILOSOPHY WORKSHOP**

The workshop aims to create a space for listening and self-reflection in a very important age such as adolescence and to give valid tools to face daily challenges. Provides practical techniques that allow students to effectively manage stress and negative emotions (such as fear, anger, frustration, etc.).

During the five days breathing techniques will be taught coming from the ancient "Vedic" tradition of 5000 years ago that allow us to learn how to release stress (physical-mental-emotional) and tensions and "expand" the whole body-mind-spirit system again. to the natural vitality and energy, resulting in greater enthusiasm and mental clarity, opening up to the possibility of making one's full potential flourish.

Yoga postures combined with breathing techniques and group processes to learn keys of profound wisdom in a playful way are the key points of the workshop. These thus create valid conditions for physical and mental health.

In addition, participants will receive instructions on how to use these powerful techniques in everyday life.

**NOTE:** It is essential to have a mat, moreover it is advisable to wear comfortable clothing (overalls and t-shirt), sponge socks and for the most daring, bare feet !!

### **- EXPRESSIVE MOVEMENT & PHILOSOPHY WORKSHOP**

"... because there is no emotion without relative physical manifestation, we become aware of emotions through the body." J. Dropsy

The workshop of Expressive Movement wants to investigate the movement that can arise from certain emotions and feelings. He wants to explore the possibilities of movement in relation to internal and external stimuli, in relation to space, rhythm and energy.

How can I reveal myself through my body?

This is the challenge that the laboratory proposes.

In particular, the workshop will research the possibilities of movement and body expression by investigating the issue of friendship. Using principles from various body disciplines, this workshop will try to overcome the inhibition of the use of the body outside of everyday life to develop a personal motor expression. The main objectives will be: to consciously reflect on the expressive possibilities of one's own body and that of

one's own companions, to communicate through the body, to translate the debates, the exercises and the themes dealt with during the workshop into a scenic composition.

Each workshop day will be organized in two phases. The first one related to the knowledge and creation of the group the second one concerning the improvisation and creation of the final performance.

#### **NOTE**

The students who will participate in this workshop will have to show up in comfortable sports clothes and sneakers.

### **- RADIOSOPHY & PHILOSOPHY WORKSHOP**

The radio is the only communication tool that allows you to communicate thoughts, words, emotions to a large group of people, but without seeing them. The Radiosophy workshop is aimed at teaching and using the radio medium. The first part of the workshop foresees the comparison and discussion on the theme proposed by the festival with the aim of creating a radio program.

It then goes on to explain the various points of the workshop: more frequent errors in radio, elements of diction, explanation of a radio clock and explanation of roles. Then each student will have the opportunity to choose a role among those proposed: Speaker, Phonic, Music Programmer, Author, Post Production Technician. The comparison and collaboration between the students will give life to the final work.

The final product (produced exclusively by the students) will be issued to them as proof of their commitment during the workshop hours. It consists of a "Radio demo" that can also be used as a hypothetical work sample to be sent to radio stations.

The main purpose of the workshop is to give the students a minimum knowledge of the radio language and the techniques used within this wonderful medium.

### **- AGORA' AMONG TEACHERS**

The Philosophy Festival in Greece (PFG) differs from other similar events because, in its being a cultural event strongly rooted in a territory by its "philosophical" nature, it is a laboratory, a gym, a workshop. Three places in one where the researcher, gymnast and craftsman meet. In this space, natural and virtual, where the past meets the future, where the ancient becomes modern, where thought becomes the word and action, reason is called to refine its instruments for reading the world, to experience its potential and to learn to use herself and her critical talent well.

Following this vocation, the practical-workshop vocation defines a space entirely dedicated to teachers, this space is used to put more closely the teachers from different origins and schools, with the aim of starting with them a fruitful talk and an open discussion on the problems of teaching philosophy with an eye to the themes of the Festival.

The discussion is about the purpose of teaching philosophy in schools (what do you want students to learn by studying philosophy and what you want them to become), how much, and perhaps above all, the method with which it is taught. The function of this real and virtual agora' is that of open confrontation and above all of effective communication between the many experiences already underway in the individual schools, among colleagues in order to identify a concrete common course beyond sterile proclamations of change always desired and never made.

### **PARTICIPATION REGULATION**

The choice of a single workshop activity is foreseen.

The group of participants must be equally distributed among the workshop areas. The percentage of participants for each workshop has to be scheduled as follows:

**Theater** 13% of participants ; **Greek Traditional dance** 16% of participants ;  
**Expressive movement** 15% of participants ; **Cinema** 10% of participants ;  
**Photography** 10% of participants ; **Meditation\_Yoga** 16% of participants ;  
**Radiosophy** 10% of Participants ; **Music** 10% of Participants.

The choice of workshop by the individual participants must be communicated through a list containing the following information: name, surname, e-mail, workshop chosen and sent it in digital format via e-mail to: [lab@festivalphilosophygreece.eu](mailto:lab@festivalphilosophygreece.eu) , until the **20th of February 2021**.

The organization reserves itself in case of failure to communicate the choice of the workshop, to spread the participants according to availability.

Pls, fill in the schedule below and send it back until the **20th of February 2021** to: [lab@festivalphilosophygreece.eu](mailto:lab@festivalphilosophygreece.eu)

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SCHOOL NAME: .....

<b>NAME &amp; SURNAME</b>	<b>WORKSHOP</b>	<b>E-MAIL</b>

**Philosophy Festival in Greece®**









